

Table 1.0

Color	Organ	Virtue	Essential oil	Gemstone/metal
Gold	Adrenal glands	Kindness	Hyssop	Gold
Silver	Thyroid gland	Purity	Balsam	Silver
Bronze	Pituitary gland	Chivalry	Tansy	Bronze
Copper	Gonadal glands	Dignity	Aloe	Copper
Iron	Hypothalamus	Fortitude	Spikenard	Iron
Clay	Parathyroid gland	Healing	Myrtle	Crystal
Red	Heart	Love	Cinnamon	Amber
Orange	Pancreas	Generosity	Orange	Topaz
Yellow	Lymphatic system	Tolerance	Citronella	Citrine
Green	Liver	Patience	Clary sage	Emerald
Blue	Lungs	Joy	Eucalyptus	Sapphire
Purple	Muscles	Goodness	Lavender	Amethyst
Brown	Large intestine	Practicality	Cedar	Bernadine
Black	Kidneys	Self control	Anise	Black onyx
White	Brain	Peace	Camphor	Cubic zirconia
Clear	Immune system	Artistry	Melissa	Diamond
Pink	Reproductive system	Grace	Rosehip	Tourmaline
Peach	Skin	Thankful	Jasmine	Morganite
Burgundy	Joints	Strength	Ledum	Spinel
Lime	Gallbladder	Warmth	Galbanum	Peridot
Chocolate	Small intestine	Integrity	Patchouli	Tiger's Eye
Navy	Hair & Nails	Discretion	Fennel	Aquamarine
Ivory	Bones	Sincerity	Helisynchrum	Ivory
Beige	Stomach	Serenity	Juniper	Sinhalite
Dark Green	Detox System	Prudence	Oregano	Jasper
Cream	Nervous System	Resourceful	Onychra	Mother-of-pearl
Crimson	Red Blood Cell	Devotion	Geranium	Ruby
Scarlet	Spleen	Gentleness	Bergamot	Carnelian
Turquoise	Cell	Friendship	Cistus	Lapis lazuli
Sunshine	Arms & legs	Brilliance	Lemonbalm	Sphene
Coffee	Appendix	Forgiveness	Clove	Champagne diamond
Violet	Diaphragm	Faith	Myrrh	Chalcedony
Light Blue	Pharynx	Intellect	Licorice	Rainbow moonstone
Khaki	Nose & sinus	Orderly	Spearmint	Jade
Fuchsia	Mouth	Healthy	Peppermint	Zircon
Moss	Sphincters	Modesty	Holy basil	Apatite
Pewter	Bladder	Humility	Cypress	Agate
Opal	Eggs/sperm	Qualified	Ylang ylang	Opal

Steel	Hands & feet	Industrious	Petit Grain	Smoky quartz
Magenta	Mammary glands	Nourishing	Frankincense	Garnet
Marine	Embryo	Persevering	Cassia	Midnight onyx
Mauve	Bodily fluids	Obedient	Rose	Hyacinth
Sable	Teeth/gums	Stable	Sandalwood	Cameo onyx
Coral	Animals	Balanced	Ginger	Coral
Sunrise	Eyes	Clarity	Lemon	Chrysoberyl
Sunset	Ears	Clean	Tea tree	Fire opal